

## Association between stress and behavioural problems among sophomores

■ GAYATRI BIRADAR AND V.S. YADAV

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See end of the paper for  
authors' affiliations

Correspondence to :

**GAYATRI BIRADAR**

Department of Human  
Development, College of Rural  
Home-science, University of  
Agricultural Sciences,  
DHARWAD (KARNATAKA) INDIA  
Email: [gayatri.abrediffmail.com](mailto:gayatri.abrediffmail.com),  
[biradargayatri@gmail.com](mailto:biradargayatri@gmail.com)

■ **ABSTRACT** : This study was conducted to compare between the students of I and II PUC on stressful life events and behavioural problems and to know the association between stressful life events and behavioural problems among students of I and II PUC. The sample consisted of 416 pre-university students of both PUC I (N=223) and PUC II (N=193) age ranged from 16 years to 19 years drawn using random sampling method from five colleges of Bidar city. This was an ex-post facto research design. Stressful life events schedule (Biradar, 2007) and Revised Behavioural Problems Scale (Quay and Peterson, 1986) was administered on the students of pre-university courses. The data was subjected to 't' test and Karl Pearson's co-efficient correlation analysis. The results revealed that both PUC I and II year students had developed more or less similar level of stress in family relations, peer relations, academic, physical health, psychological aspects and overall stress. Correspondingly they had developed similar level of conduct disorder, socialized aggression, attention problem, anxiety withdrawal and psychotic behaviour problems. The results also revealed that there was significant positive relationship between stressful life events and behaviour problems among sophomores (I and II PUC students).

■ **KEY WORDS** : Stress, Behavioural problems, Sophomores

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